

Main table containing meal plans for the first 15 days of May. Columns include dates from 1st to 15th, and rows for ingredients and quantities (g).

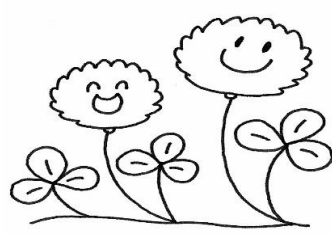
Summary row for the first 15 days, showing total energy (kcal) and protein (g) for each day.

Meal plan for the last 5 days of May (16th-20th). Includes specific menu items like 'いちごの松風焼き' and 'スーパースープ'.

Summary row for the last 5 days, showing total energy and protein.

【5月の行事食】
★2日(金曜日) こどもの日 27日(火曜日) お誕生日会
【手作りおやつ材料】

- List of ingredients for homemade snacks, including items like じゃがいも, 三温糖, バター, 片栗粉, etc.



Main table containing meal plans for the last 5 days of May (21st-25th). Columns include dates from 21st to 25th, and rows for ingredients and quantities (g).

Summary row for the last 5 days, showing total energy and protein.